



Extracorporeal Low-Energy Shock-Wave Therapy Exerts Anti-Inflammatory Effects in a Rat Model of Acute Myocardial Infarction

Yuzuru Abe, PhD; Kenta Ito, MD, PhD; Kiyotaka Hao, MD, PhD;
Tomohiko Shindo, MD; Tsuyoshi Ogata, MD; Yuta Kagaya, MD; Ryo Kurosawa, MD;
Kensuke Nishimiya, MD, PhD; Kimio Satoh, MD, PhD; Satoshi Miyata, PhD;
Kazuyoshi Kawakami, MD, PhD; Hiroaki Shimokawa, MD, PhD

Background: It has been previously demonstrated that extracorporeal low-energy shock-wave (SW) therapy ameliorates left ventricular (LV) remodeling through enhanced angiogenesis after acute myocardial infarction (AMI) in pigs in vivo. However, it remains to be examined whether SW therapy also exerts anti-inflammatory effects on AMI.

Methods and Results: AMI was created by ligating the proximal left anterior descending coronary artery in rats. They were randomly assigned to 2 groups: with (SW group) or without (control group) SW therapy (0.1 mJ/mm², 200 shots, 1 Hz to the whole heart at 1, 3 and 5 days after AMI). Four weeks after AMI, SW therapy significantly ameliorated LV remodeling and fibrosis. Histological examinations showed that SW therapy significantly suppressed the infiltration of neutrophils and macrophages at days 3 and 6, in addition to enhanced capillary density in the border area. Molecular examinations demonstrated that SW therapy enhanced the expression of endothelial nitric oxide synthase and suppressed the infiltration of transforming growth factor- β 1-positive cells early after AMI. SW therapy also upregulated anti-inflammatory cytokines and downregulated pro-inflammatory cytokines in general.

Conclusions: These results suggest that low-energy SW therapy suppressed post-MI LV remodeling in rats in vivo, which was associated with anti-inflammatory effects in addition to its angiogenic effects, and demonstrated a novel aspect of the therapy for AMI. (*Circ J* 2014; **78**: 2915–2925)

Key Words: Inflammation; Left ventricular remodeling; Macrophages; Myocardial infarction; Shock-wave therapy

Recent progress in emergency care and patient management has improved the prognosis of patients with acute myocardial infarction (AMI).^{1–4} However, left ventricular (LV) remodeling after AMI still remains one of the unsolved problems.^{5,6} Thus, it is crucial to develop new therapeutic strategies to suppress LV remodeling after AMI. We have developed a non-invasive angiogenic therapy with extracorporeal low-energy shock waves (SW), and have demonstrated its efficacy and safety in a porcine model of chronic myocardial ischemia⁷ and patients with angina pectoris.^{8,9} Furthermore, we have demonstrated that SW therapy ameliorates LV remodeling after AMI in pigs in vivo.^{10,11} However, it remains to be examined whether SW therapy also exerts anti-inflammatory effects on AMI in addition to its angiogenic effects.

Low-energy SW therapy suppresses the production of several cytokines, chemokines, and matrix metalloproteinases in

a murine skin graft model,¹² and inhibits tumor necrosis factor (TNF)- α expression induced by lipopolysaccharides in a rat glioma cell line in vitro.¹³ In addition, low-energy SW therapy exerts anti-inflammatory effects on orthopedic diseases, such as tendinitis, epicondylitis, plantar fasciitis and several inflammatory tendon diseases.¹⁴ Infiltration of inflammatory cells (eg, macrophages) is critically important in wound healing after AMI, while excessive inflammatory responses deteriorates LV remodeling in the chronic phase.^{15–17} In the present study, we thus examined whether SW therapy exerts beneficial anti-inflammatory effects in a rat model of AMI.

Methods

The present study conforms to the Guide for the Care and Use of Laboratory Animals published by the US National Institutes

Received February 23, 2014; revised manuscript received August 27, 2014; accepted August 31, 2014; released online October 2, 2014
Time for primary review: 11 days

Department of Cardiovascular Medicine (Y.A., K.I., K.H., T.S., T.O., Y.K., R.K., K.N., K.S., S.M., H.S.), Department of Medical Microbiology, Mycology and Immunology (Y.A., K.K.), Tohoku University Graduate School of Medicine, Sendai, Japan

The Guest Editor for this article was Ken-ichi Hirata, MD.

Mailing address: Kenta Ito, MD, PhD, Department of Cardiovascular Medicine, Tohoku University Graduate School of Medicine, 1-1 Seiryomachi, Aoba-ku, Sendai 980-8574, Japan. E-mail: ito-kenta@cardio.med.tohoku.ac.jp

ISSN-1346-9843 doi:10.1253/circj.CJ-14-0230

All rights are reserved to the Japanese Circulation Society. For permissions, please e-mail: cj@j-circ.or.jp

of Health and was performed according to the protocols approved by the Institutional Committee for Use and Care of Laboratory Animals at Tohoku University (2011-Idou-179, 2012-Idou-84 and 2013-Idou-37).

Animal Models

Male Sprague-Dawley rats (7–8-week-old, 200–220 g in body weight) were used in the present study. They were anesthetized with inhaled isoflurane (5% for induction and 2% for maintenance), intubated and ventilated by positive pressure through an endotracheal tube attached to a small-animal respirator. The depth of anesthesia was monitored by the tail-pinch reflex test. With a left-sided thoracotomy, the pericardium was opened, and then the left anterior descending coronary artery (LAD) was ligated with a 6-0 silk suture. The chest was closed and the animals were allowed to recover. They were randomly assigned to 2 groups: with (SW group) or without (control group) SW therapy. In addition to the AMI groups, the sham-operated groups (with or without SW therapy) were also made with the same procedure but without the LAD ligation. Animals were excluded from the present study when LV fractional shortening (FS) exceeded 30% at day 1. We stored the heart samples at days 3, 6, and 28 after AMI. Serum cardiac troponin T levels were measured at days 3 and 6 (SRL Inc, Tokyo, Japan). Animals were euthanized by cervical dislocation under anesthetic inhalation overdose with isoflurane.

Extracorporeal SW Therapy

Based on our previous studies,^{7–11,18} we performed low-energy SW therapy (0.1 mJ/mm², approximately 10% of the energy used for the lithotripsy treatment, 200 shots, 1 Hz, to the whole heart) using a specially designed SW generator equipped with an echocardiographic probe (Storz Medical AG, Kreuzlingen, Switzerland) under inhalation anesthesia with 2% isoflurane. The SW group was subjected to SW therapy 3 times in the first week (1, 3 and 5 days after AMI), whereas the control group underwent the same procedures 3 times including anesthesia but without SW treatment.

Echocardiography

In order to follow up the time-course of LV function and remodeling after AMI, we performed transthoracic echocardiography (Aplio 80; Toshiba Medical Systems, Tochigi, Japan) at days 1, 7, 14, 21 and 28 under inhalation anesthesia with 2% isoflurane.

Histopathological Analysis

Excised hearts were fixed with 4% paraformaldehyde for histological and immunohistochemical examination. After fixation, the tissue specimens were embedded in paraffin and sliced to 3 μm in thickness. The sections were used for hematoxylin-eosin, Masson-trichrome, immunohistochemical stainings for CD31 (anti-CD31, 1:400; Abcam, Cambridge, UK), neutrophils (anti-granulocyte, 1:400; Abcam), macrophages (anti-ED-1, 1:800; Abcam), M2 macrophages (anti-CD206, 1:100; Santa Cruz, TX, USA) and TGF-β1 (anti-TGF-β1, 1:200; Abcam). Immunodetection was accomplished using a Histofine Kit (Nichirei, Tokyo, Japan). The extent of LV fibrosis was calculated using the following formula: fibrotic area/(LV free wall+interventricular septum)×100 (%). The number of immune-positive cells was counted in the infarcted, border and remote areas, where 10 random fields were examined in each sample at a ×400 magnification in a blinded manner.

Real-Time Polymerase Chain Reaction (PCR)

We measured the mRNA expression of endothelial nitric oxide synthase (eNOS), vascular endothelial growth factor (VEGF), and transforming growth factor (TGF)-β1 in the LV. The heart samples were homogenized and used for total RNA extraction with a RNeasy Plus Mini Kit (QIAGEN, Venlo, Netherlands). cDNA was synthesized by using PrimeScript® RT Master Mix (Takara, Shiga, Japan). The primer sequences were as follows: eNOS (Forward) 5'-CTGTGTGACCCCTCACCGATACAA-3' and (Reverse) 5'-AGCACAGCCACGTTAATTTCCA-3'; VEGF (Forward) 5'-GCACGTTGGCTCACTTCCAG-3' and (Reverse) 5'-TGGTCGGAACCAGAATCTTTATCTC-3'; TGF-β1 (Forward) 5'-CATTGCTGTCCCGTGCAGA-3' and (Reverse) 5'-AGGTAACGCCAGGAATTGTTGCTA-3'; and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (Forward) 5'-GGCACAGTCAAGGCTGAGAATG-3' and (Reverse) 5'-ATGGTGGTGAAGACGCCAGTA-3'. After reverse transcription, real-time PCR was performed with SYBR® Premix Ex Taq™ II (Takara) and a CFX96™ Real-Time system C1000™ Thermal Cycler (Bio-rad, Hercules, CA, USA). The PCR conditions were 40 cycles of 2 s at 98°C and 5 s at 55°C. The mRNA expression levels were compared between the control and SW groups. Results are reported as the quotients of the copy number of the gene of interest, relative to that of GAPDH, as a housekeeping gene.

Western Blot Analysis

We measured protein levels of phosphorylated eNOS (phospho-eNOS), total-eNOS and VEGF in the LV. Samples from the LV were used and the extracted samples were subjected to SDS-PAGE/immunoblot analysis by using the specific antibody for phospho-eNOS at Ser1177 (No.9571; Cell Signaling Technology, Danvers, MA, USA), total-eNOS (No.610298; Becton Dickinson, Franklin Lakes, NJ, USA) and VEGF (sc-507; Santa Cruz). The regions containing proteins were visualized by an electrochemiluminescence Western blotting luminal reagent (RPN2132; GE Healthcare Bioscience, Waukesha, WI, USA). The extents of eNOS phosphorylation and VEGF expression were normalized by that of total eNOS and α-tubulin, respectively.

Cytokine Analysis

We also measured tissue cytokine levels in the border zone of the LV, using a Bio-Plex Pro Rat cytokine custom plate and a Bio-Plex 200 system (Bio-Rad). Data were analyzed using the Bio-Plex Manager 4.1.1 software. Samples were processed and analyzed according to the manufacturer's instructions for the Bio-Plex 200 system (Bio-Rad).

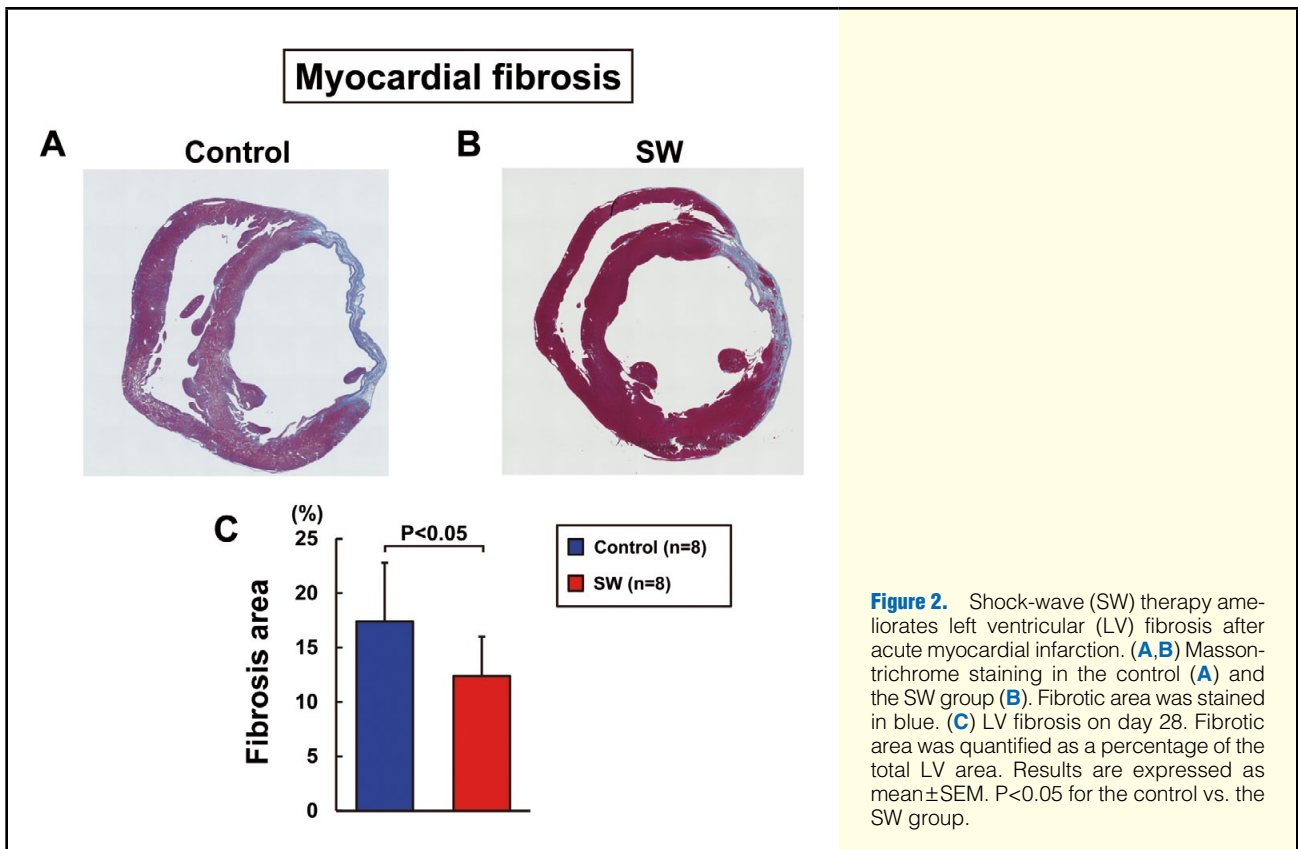
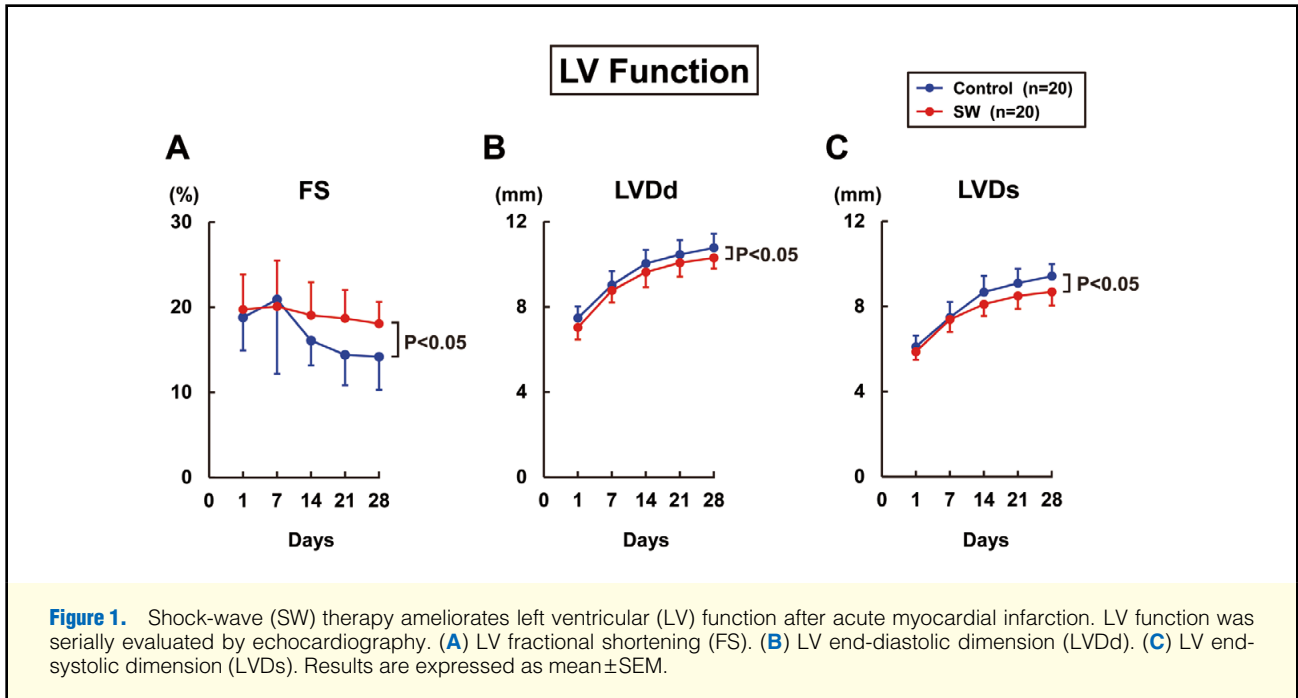
Statistical Analysis

Continuous results are expressed as mean±SEM. We adopted 2-way repeated-measures ANOVA to compare longitudinal data. We also utilized the Student's t-test followed by Bonferroni type multiple comparisons and 2-way ANOVA with Tukey's honest significant difference (HSD) multiple comparison test to compare mean values. To test ordered alternative hypotheses among groups, we used the Jonckheere-Terpstra trend test. P-values <0.05 were considered to be statistically significant.

Results

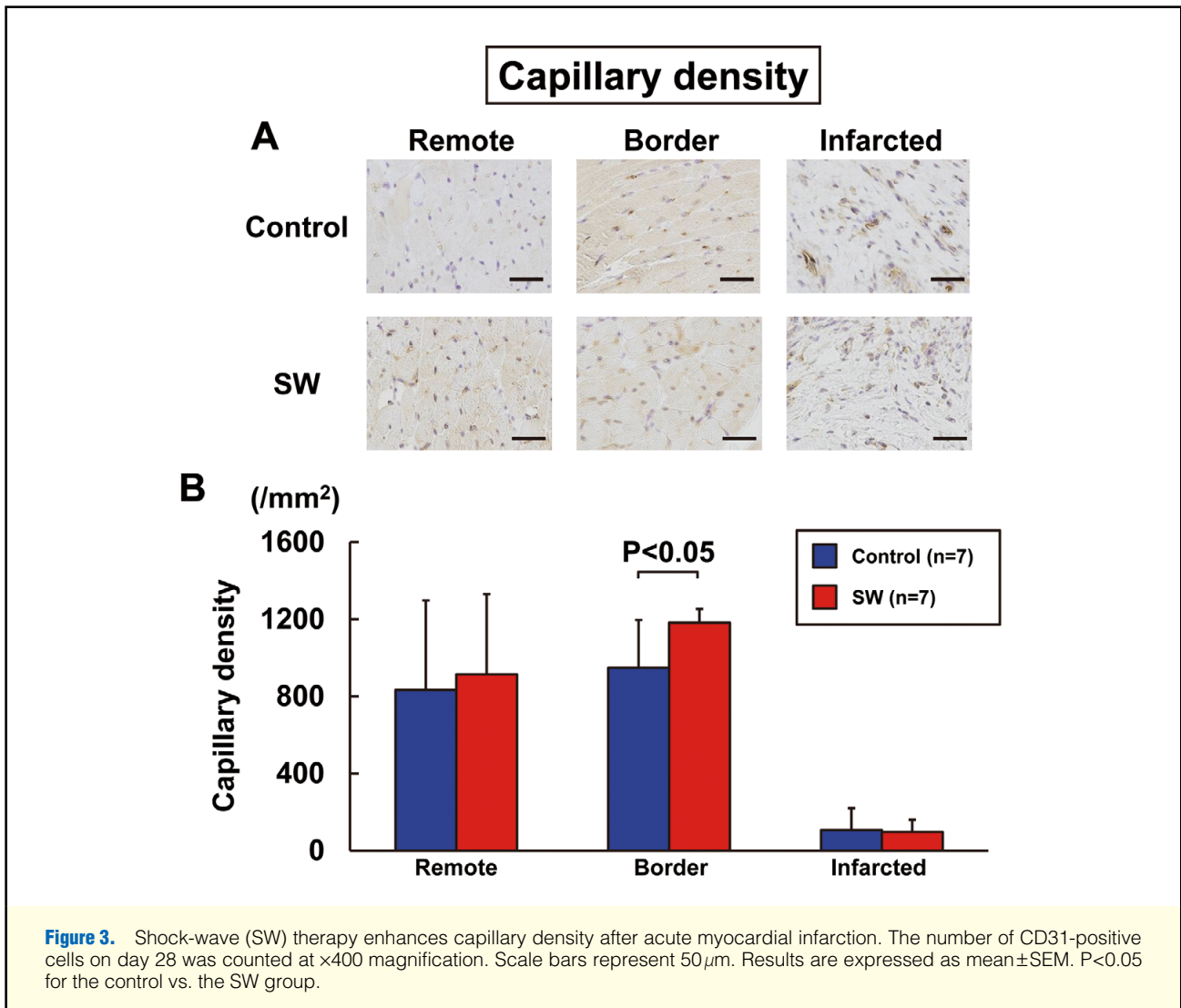
Effects of SW Therapy on Cardiac Function After AMI

There was no difference in serum cardiac troponin T levels between the control and the SW groups (day 3, 0.58±0.51 vs. 0.63±0.49 ng/ml, P=0.81, n=10; day 6, 0.19±0.26 vs. 0.08±



0.05 ng/ml, P=0.28, n=9), suggesting that the MI size was comparable between the 2 groups. In the control group, LV contractile function, when evaluated by FS, was progressively decreased by day 28 (day 1, 18.8±3.9% vs. day 28, 14.2±3.9%,

P<0.01), which was significantly ameliorated in the SW group (day 1, 19.7±4.1% vs. day 28, 18.1±2.6%, P=NS; P<0.05 by 2-way repeated measured ANOVA; Figure 1A). Similarly, LV end-diastolic dimension (LVDd) and LV end-systolic di-



mension (LVDs) were progressively increased by day 28 in the control group, which was significantly ameliorated in the SW group (Figures 1B,C). In the sham-operated animals, SW therapy did not affect FS, LVDd or LVDs (Figure S1). Thus, SW therapy significantly ameliorated LV remodeling after AMI in rats in vivo, as we previously noted in pigs in vivo.^{10,11} However, there was no significant difference in mortality between the SW and the control groups.

LV Fibrosis

LV fibrotic area was quantified as a percentage of the total LV area. The extent of LV fibrosis at day 28 was significantly attenuated in the SW group compared with the control group (12.4 ± 3.9 vs. $18.5 \pm 4.7\%$, $P < 0.05$; Figure 2).

Capillary Density

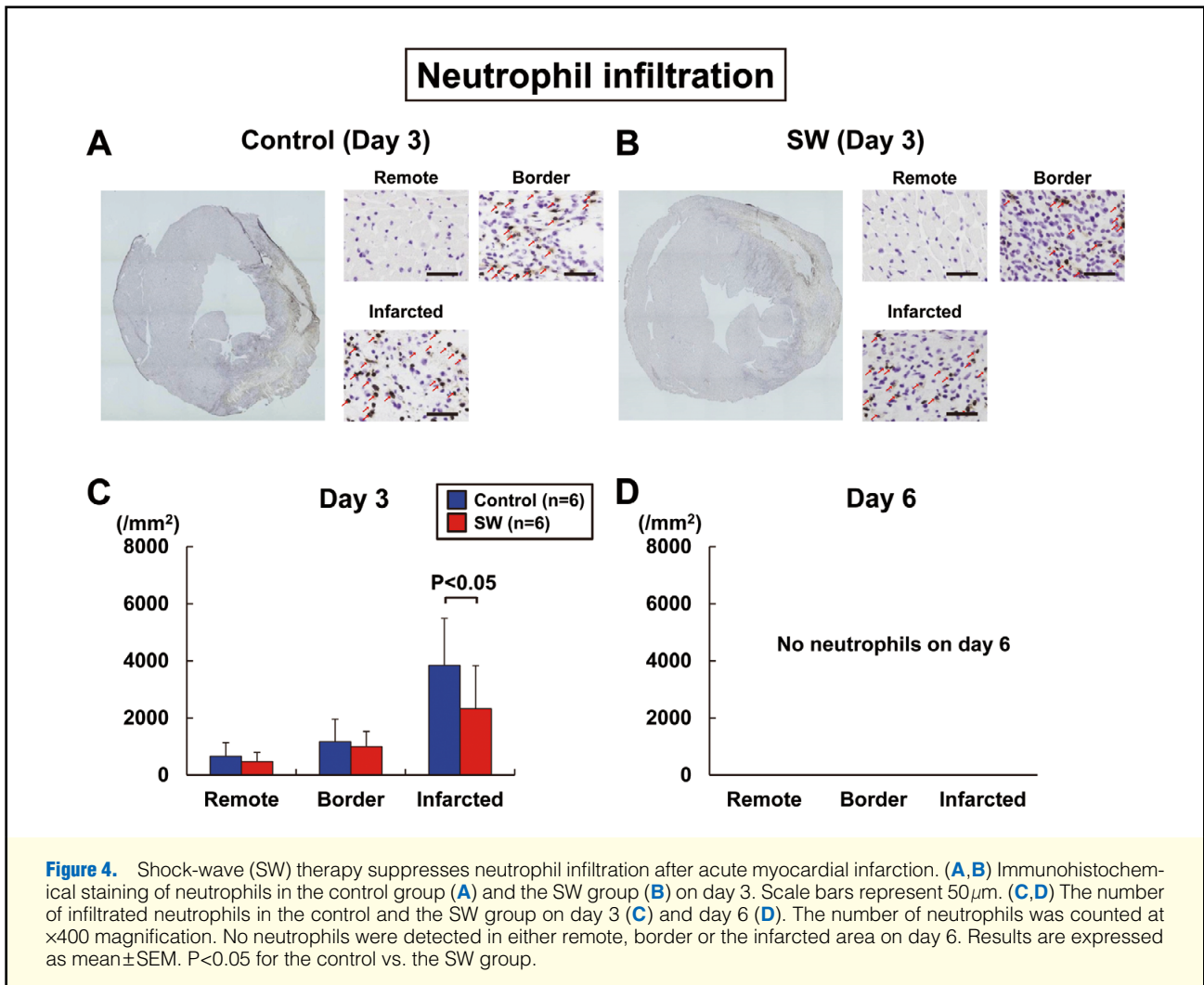
Capillary density was examined with CD31 staining at day 28. Although capillary density in the infarcted and remote areas was comparable between the 2 groups, it was significantly higher in the SW group than in the control groups ($1,183 \pm 70$ vs. $949 \pm 247/\text{mm}^2$, $P < 0.05$; Figure 3).

Infiltration of Inflammatory Cells

The number of neutrophils and macrophages was examined at days 3 and 6 after AMI. Infiltration of neutrophils was detected in the infarcted, border and remote area at day 3 in the control group, which was significantly ameliorated in the infarcted area by the SW group (Figures 4A–C). In contrast, no neutrophils were detected in either the infarcted, border or remote area at day 6 (Figure 4D). Infiltration of macrophages was noted at both day 3 and day 6 in the control group, which was also significantly attenuated in the SW group (Figures 5C–D). Although SW therapy ameliorated macrophage infiltration, infiltration of M2 macrophages was enhanced by SW therapy, suggesting the polarity shift of the macrophage phenotype from M1 to M2 (Figures 5E,F).

Expression of eNOS and VEGF

Messenger RNA expression of eNOS and VEGF was examined at days 3, 6 and 28. There was no difference in the expression of eNOS between the control and the SW groups at the observed time points (Figures 6A–C). The expression of VEGF was low but higher in the control group than in the SW group at day 3. The expression of VEGF in the border area



was similarly elevated in both groups (Figures 6D–F). Western blot analysis showed that the ratio of phospho-eNOS to total-eNOS, a marker of eNOS activity, was higher in the SW group than in the control group at day 3 (Figures 6G–I), while the protein levels of VEGF at day 6 was higher in the control group (Figures 6J–L).

Expression of TGF- β 1

Messenger RNA expression of TGF- β 1 in the remote area was significantly lower in the SW group than in the control group at day 3. The expression of TGF- β 1 was higher in the border area while that in the infarcted area was lower in the SW group than in the control group at day 6 (Figures 7A–C). The number of TGF- β 1-positive cells was significantly lower in the border and infarcted area in the SW group than in the control group at day 3 (Figure 7D). However, the number of TGF- β 1-positive cells was lower in the control group in the remote and infarcted area at day 6 (Figure 7E). These results suggest that the infiltration of TGF- β 1-positive cells was suppressed and delayed by SW therapy.

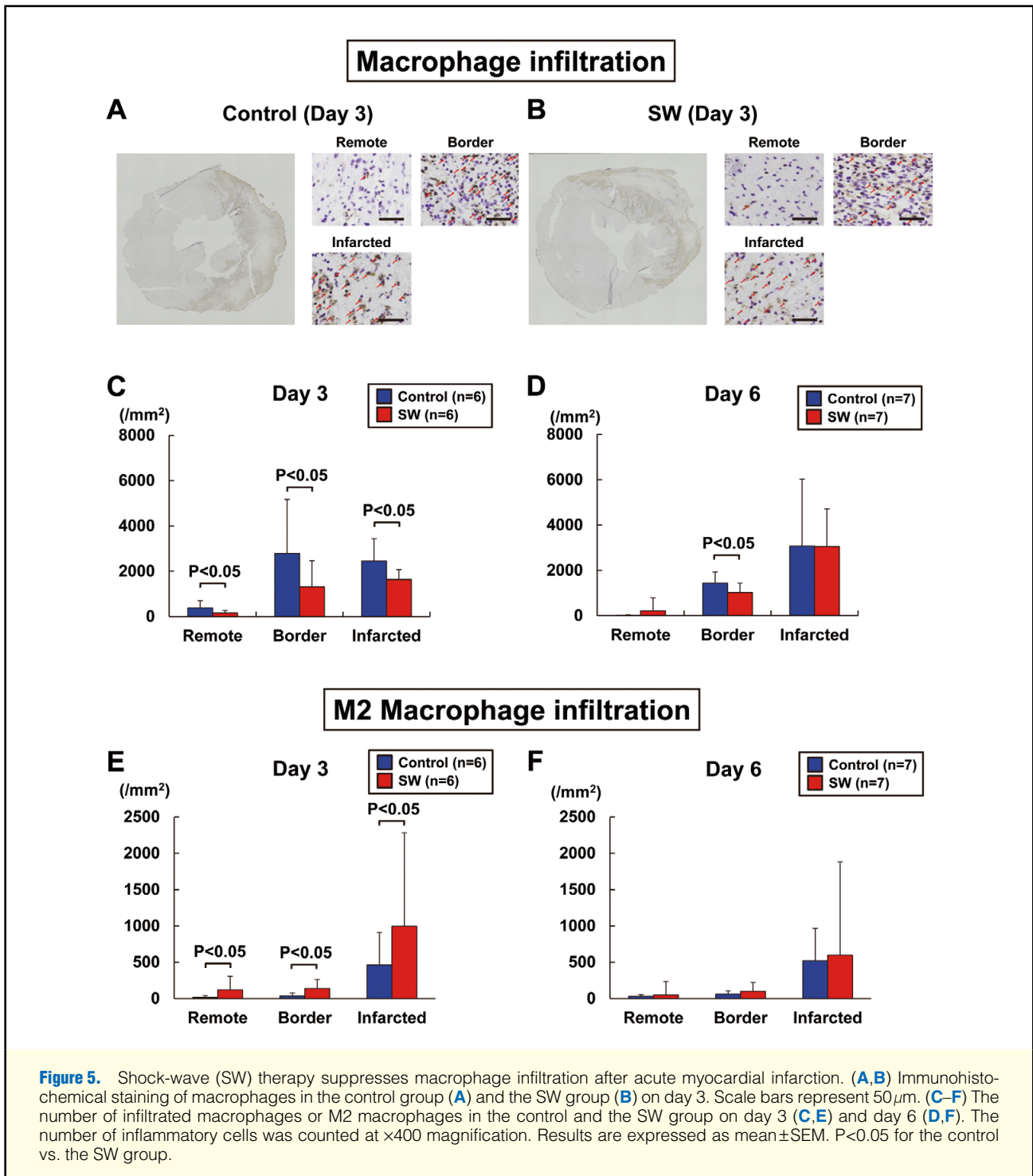
Myocardial Cytokine Levels

Myocardial levels of inflammation-related cytokines were measured in the border area where inflammatory cells infiltrated.

In comparisons between the SW and the control groups at different observation days with Bonferroni correction, the levels of pro-inflammatory cytokines (IL-1 α , IL-4, IL-6, IL-12p70, IL-13, IL-17 and IFN- γ) were significantly suppressed at day 6 in the SW groups compared with the control group, although the levels of IL-1 β at day 3 were higher in the SW group than in the control group (Figure 8). By Tukey's HSD multiple comparison, the levels of pro-inflammatory cytokines (IL-1 α , IL-4, IL-6, IL-12p70, IL-13, IL-17 and IFN- γ) increased with time from day 3 to day 6 in the control group while those increases in the cytokine levels were blunted in the SW group. In all cytokines, except for TNF- α , there were significantly decreasing trends detected in the SW group by the Jonckheere-Terpstra trend test with 1 and 2-sided alternatives, although there were no significant differences in the control group (Figure 8).

Discussion

In the present study, we demonstrated that low-energy SW therapy exerts anti-inflammatory effects in a rat model of AMI in addition to its angiogenic effects. To the best of our knowledge, this is the first study that demonstrates the anti-inflammatory effects of SW therapy in the healing process after AMI



in vivo.

Effects of Extracorporeal Low-Energy SW Therapy on Post-MI Hearts in Rats

We have previously demonstrated that SW therapy ameliorates post-MI LV remodeling and that it also enhances eNOS activity, capillary density and myocardial blood flow in pigs in vivo.^{10,11} In the present study, we confirmed in rats our previous findings found with pigs, and further examined the ef-

fects of SW therapy on inflammatory responses because inflammation is critically important in the healing process after AMI.^{15–17}

Suppression of Post-MI Inflammatory Responses by SW Therapy

Inflammatory cells play important roles in myocardial tissue repair after AMI. Infiltration of inflammatory cells (eg, macrophages) is essential in wound healing, while excessive in-

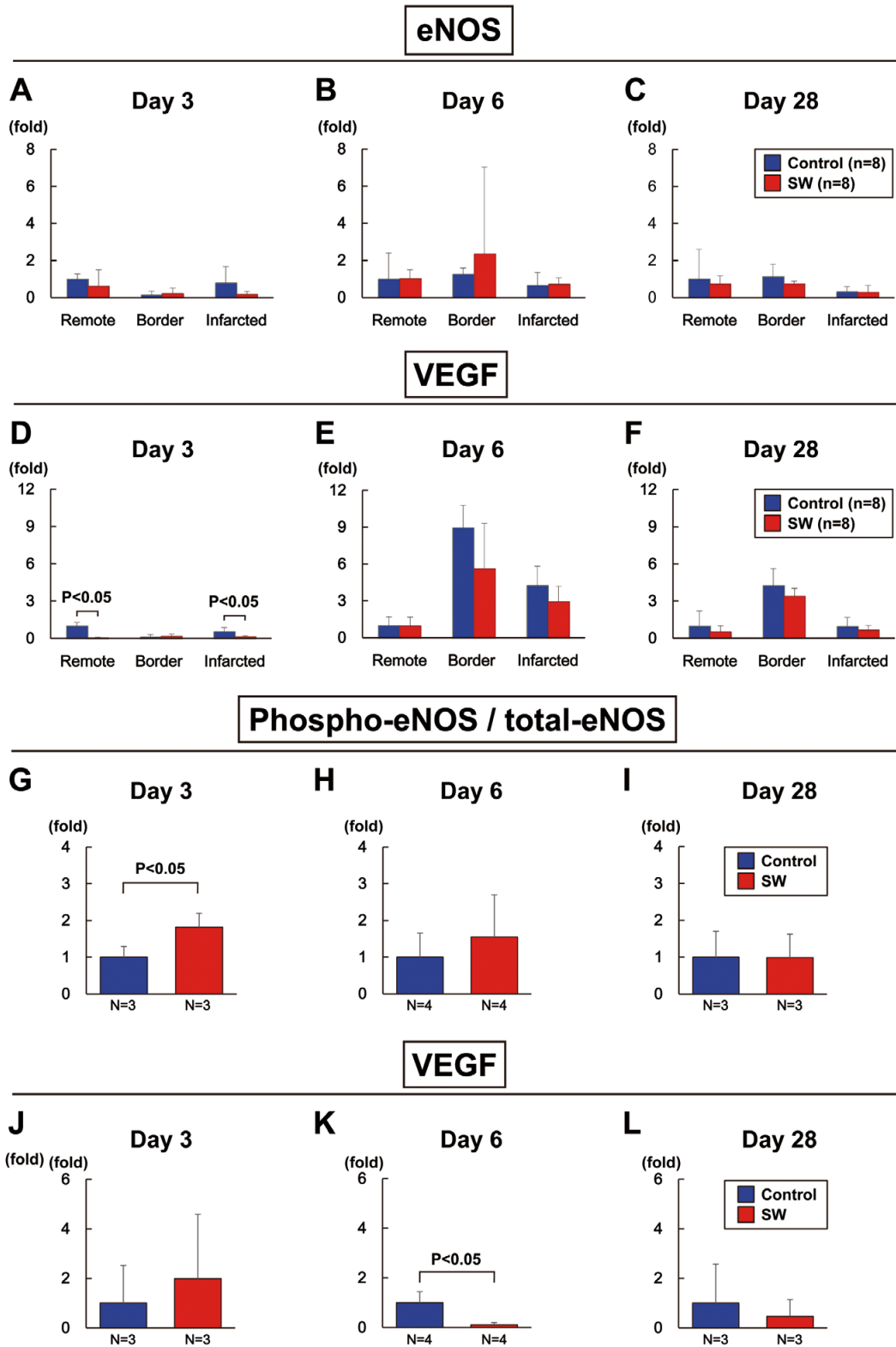
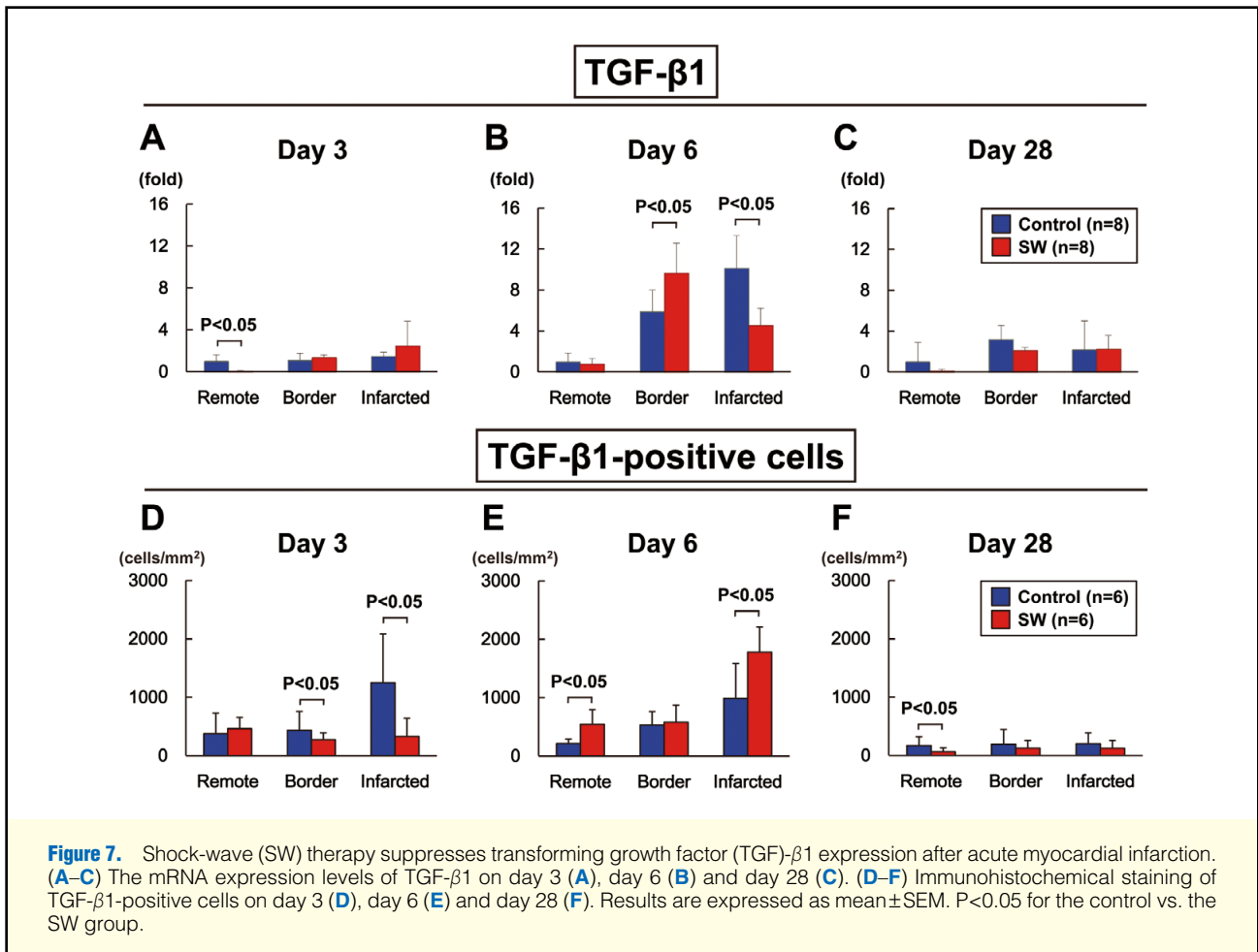


Figure 6. Shock-wave (SW) therapy enhances endothelial nitric oxide synthase (eNOS) activity after acute myocardial infarction. (A–C) mRNA expression levels of eNOS on day 3 (A), day 6 (B) and day 28 (C). (D–F) The expression levels of vascular endothelial growth factor (VEGF) on day 3 (D), day 6 (E) and day 28 (F). (G–I) The ratio of phosphorylated eNOS (phosphor-eNOS) to total-eNOS, a marker of eNOS activity, on day 3 (G), day 6 (H) and day 28 (I). (J–L) Protein levels of VEGF (J–L) on day 3 (J), day 6 (K) and day 28 (L). Results are expressed as mean±SEM. *P<0.05 for the control vs. the SW group.



flammatory responses might enhance tissue degradation and LV fibrosis with a resultant LV remodeling in the chronic phase.^{15–17} Also, Nahrendorf et al reported the functional consequence of orchestrated mobilization of monocytes/macrophage subtypes during the healing of AMI.¹⁹ In the present study, infiltration of neutrophils and macrophages early after AMI was significantly attenuated by SW therapy, while the number of infiltrated M2 macrophages was higher in the SW group than in the control group early after AMI. These results suggest that SW therapy exerts anti-inflammatory effects not only by suppressing the infiltration of inflammatory cells but also by inducing the shift of the macrophage phenotypes to anti-inflammatory M2 subtype. SW therapy significantly suppressed the production of pro-inflammatory cytokines at day 6. Also, the production of pro-inflammatory cytokines increased with time (day 3 vs. day 6) in the control group, which was suppressed by SW therapy. Indeed, anti-inflammatory effects of low-energy SW therapy has also been reported in cultured cells,¹³ murine skin isografts¹² and patients with inflammatory orthopedic diseases, such as tendinitis and plantar fasciitis.¹⁴ Stojadinovic et al reported that low-energy SW therapy affects the expression of a variety of chemokines (CXCL1, CXCL2, CXCL5, CCL2, CCL3 and CCL4) and cytokines towards an anti-inflammatory direction in murine skin isografts.¹² Although we did not examine these chemokines in the present study, it is conceivable that SW therapy affected not only the cytokines mentioned above but also these chemokines. Taken together,

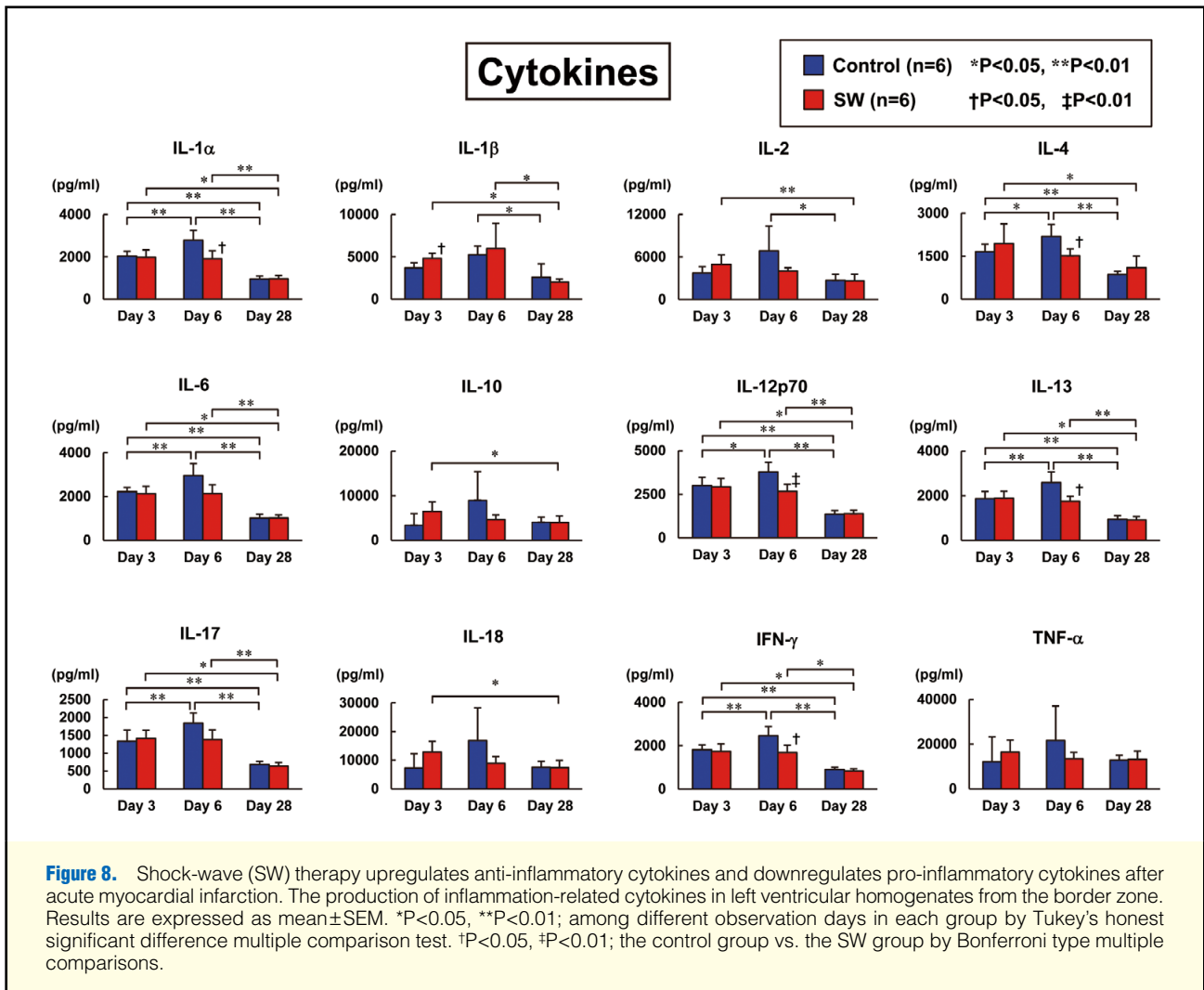
these results raise the possibility that SW therapy suppresses post-MI LV remodeling, at least in part, by suppressing inflammatory responses early after AMI. Further studies are needed to elucidate the inhibitory effects of SW therapy on the infiltration of inflammatory cells after AMI.

Attenuation of LV Fibrosis After AMI by SW Therapy

TGF-β1, which is known to promote LV fibrosis, is released from fibroblasts and infiltrated macrophages after myocardial injury, and excessive infiltration of macrophages might promote LV fibrosis and thus deteriorate LV function.^{15–17,20} In the present study, SW therapy attenuated macrophage infiltration, TGF-β1 expression and LV fibrosis. These results suggest that the anti-fibrotic effects of SW therapy are related to the suppression of macrophage infiltration and TGF-β1 expression. However, it remains to be examined whether the reduced expression of TGF-β1 is attributed to the reduction of macrophage infiltration and TGF-β1 production from macrophages and other cells.

Mechanisms for the Inhibitory Effects of SW Therapy on LV Remodeling After AMI

We and others have previously demonstrated angiogenic effects of low-energy SW therapy in several animal models,^{7,10–12,14,16, 21–25} as well as in humans.^{8,9,26–32} In the present study, we have demonstrated that SW therapy attenuates inflammatory responses and LV fibrosis in a rat model of AMI.



These results suggest that SW therapy ameliorates post-MI LV remodeling not only through angiogenesis but also through suppression of inflammatory responses and LV fibrosis (Figure S2). The low-energy SW therapy, when applied to ischemic tissues, has been reported to enhance the expression of stromal-derived factor 1, a key regulator of stem cell migration to the site of tissue injury during the process of tissue repair.³³⁻³⁷ In addition, SW therapy has also been reported to promote migration and differentiation of bone marrow-derived mononuclear cells (BMDMC).^{38,39} Furthermore, macrophages could modulate the activity of stem cells.⁴⁰ In the present study, we also showed that macrophage infiltration was ameliorated by SW therapy. Thus, SW therapy might directly and/or indirectly affect the function of stem cells, such as BMDMCs, residential cardiac stem cells, and multilineage-differentiating stress-enduring (Muse) cells.^{38,39,41,42} Additional studies are needed to clarify the contribution of stem cells to the beneficial effects of SW therapy.

Study Limitations

Several limitations should be mentioned for the present study. First, in the present study, we chose the condition of SW therapy (eg, energy levels, number of shots) based on our previous studies^{7-11,18} and did not test other therapeutic conditions. It is

unknown whether different levels, numbers and protocols of SW therapy could be more effective than that used for the present study. Second, in the present study, we had to apply SW to the whole rat heart due to the focus size of the SW machine, whereas we were able to selectively apply SW to the border area in our previous studies in pigs.^{10,11} Interestingly, however, in the present study, the SW therapy increased capillary density only in the border area. Thus, SW therapy might enhance angiogenesis and exert anti-inflammatory effects mainly in the border area in an AMI model even when the SW was applied to the whole heart. The detailed molecular mechanisms for the different effects of SW therapy between ischemic and non-ischemic areas remain to be examined. Third, the detailed molecular mechanisms of the anti-inflammatory effects of SW therapy also remain to be elucidated in future studies. Fourth, in the present study, we did not show whether the anti-inflammatory action mediates the beneficial effects of SW therapy on LV remodeling. To clarify this issue, an additional approach such as gene deletion or selective inhibition of candidate molecules might provide further insights into the effects of SW therapy. Finally, in the present study, we focused on neutrophils and macrophages as inflammatory cells; however, other types of cells, such as fibroblasts, myofibroblasts, natural killer T cells and regulatory T cells, have been

reported to affect the inflammatory state and LV remodeling after AMI.^{43–47} Also, we did not examine the effects of SW therapy on functional aspects of inflammatory cells. Further studies are needed to clarify these issues.

Conclusions

In the present study, we demonstrated that low-energy SW therapy suppresses post-MI LV remodeling in rats *in vivo*, which is associated with anti-inflammatory effects in addition to its angiogenic effects, thus demonstrating a novel aspect of the therapy for AMI (Figure S2). Because SW therapy is non-invasive and safe, it could be a novel option for the prevention of LV remodeling after AMI in humans.

Acknowledgments

We thank Dr Ernest H. Marlinghaus (Storz Medical AG) and Dr Kazuaki Hatanaka (Karl Storz Endoscopy Japan K. K.) for valuable comments on our study. The authors also thank Akemi Saito, Teru Hiroi, Yumi Watanabe and Hiromi Yamashita for their excellent technical assistance.

This study was supported, in part, by Grants-in-Aid for Scientific Research from the Japanese Ministry of Education, Culture, Sports, Science and Technology, Tokyo, Japan and from the Japanese Ministry of Health, Labor and Welfare, Tokyo, Japan.

References

- O'Gara PT, Kushner FG, Ascheim DD, Casey DE Jr, Chung MK, de Lemos JA, et al. 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction: A report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *J Am Coll Cardiol* 2013; **61**: e78–e140. doi:10.1016/j.jacc.2012.11.019.
- Task Force on the management of ST-segment elevation acute myocardial infarction of the European Society of Cardiology (ESC), Steg PG, James SK, Atar D, Badano LP, Blömostrom-Lundqvist C, Borger MA, et al. ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation. *Eur Heart J* 2012; **33**: 2569–2619.
- Takii T, Yasuda S, Takahashi J, Ito K, Shiba N, Shirato K, et al. Trends in acute myocardial infarction incidence and mortality over 30 years in Japan: Report from the MIYAGI-AMI registry study. *Circ J* 2010; **74**: 93–100.
- Yasuda S, Shimokawa H. Acute myocardial infarction: The enduring challenge for cardiac protection and survival. *Circ J* 2009; **73**: 2000–2008.
- Jessup M, Brozena S. Heart failure. *N Engl J Med* 2003; **348**: 2007–2018.
- Springeling T, Kirschbaum SW, Rossi A, Baks T, Karamermer Y, Schulz C, et al. Late cardiac remodeling after primary percutaneous coronary intervention-five-year cardiac magnetic resonance imaging follow-up. *Circ J* 2013; **77**: 81–88.
- Nishida T, Shimokawa H, Oi K, Tatewaki H, Uwatoku T, Abe K, et al. Extracorporeal cardiac shock wave therapy markedly ameliorates ischemia-induced myocardial dysfunction in pigs *in vivo*. *Circulation* 2004; **110**: 3055–3061.
- Fukumoto Y, Ito A, Uwatoku T, Matoba T, Kishi T, Tanaka H, et al. Extracorporeal cardiac shock wave therapy ameliorates myocardial ischemia in patients with severe coronary artery disease. *Coron Artery Dis* 2006; **17**: 63–70.
- Kikuchi Y, Ito K, Ito Y, Shiroto T, Tsuburaya R, Aizawa K, et al. Double-blind and placebo-controlled study of the effectiveness and safety of extracorporeal cardiac shock wave therapy for severe angina pectoris. *Circ J* 2010; **74**: 589–591.
- Ito Y, Ito K, Shiroto T, Tsuburaya R, Yi GJ, Takeda M, et al. Cardiac shock wave therapy ameliorates left ventricular remodeling after myocardial ischemia-reperfusion injury in pigs *in vivo*. *Coron Artery Dis* 2010; **21**: 304–311.
- Uwatoku T, Ito K, Abe K, Oi K, Hizume T, Sunagawa K, et al. Extracorporeal cardiac shock wave therapy improves left ventricular remodeling after acute myocardial infarction in pigs. *Coron Artery Dis* 2007; **18**: 397–404.
- Stojadinovic A, Elster EA, Anam K, Tadaki D, Amare M, Zins S, et al. Angiogenic response to extracorporeal shock wave treatment in murine skin isografts. *Angiogenesis* 2008; **11**: 369–380.
- Ciampa AR, de Prati AC, Amelio E, Cavalieri E, Persichini T, Colasanti M, et al. Nitric oxide mediates anti-inflammatory action of extracorporeal shock waves. *FEBS Lett* 2005; **579**: 6839–6845.
- Mariotto S, de Prati AC, Cavalieri E, Amelio E, Marlinghaus E, Suzuki H. Extracorporeal shock wave therapy in inflammatory diseases: Molecular mechanism that triggers anti-inflammatory action. *Curr Med Chem* 2009; **16**: 2366–2372.
- Frangogiannis NG. Regulation of the inflammatory response in cardiac repair. *Circ Res* 2012; **110**: 159–173.
- Kempf T, Zarbock A, Vestweber D, Wollert K. Anti-inflammatory mechanisms and therapeutic opportunities in myocardial infarct healing. *J Mol Med* 2012; **90**: 361–369.
- Anzai T. Post-infarction inflammation and left ventricular remodeling: A double-edged sword. *Circ J* 2013; **77**: 580–587.
- Ito K, Fukumoto Y, Shimokawa H. Extracorporeal shock wave therapy for ischemic cardiovascular disorders. *Am J Cardiovasc Drugs* 2011; **11**: 295–302.
- Nahrendorf M, Swirski FK, Aikawa E, Stangenberg L, Wurdinger T, Figueiredo JL, et al. The healing myocardium sequentially mobilizes two monocyte subsets with divergent and complementary functions. *J Exp Med* 2007; **204**: 3037–3047.
- Bujak M, Frangogiannis NG. The role of TGF-beta signaling in myocardial infarction and cardiac remodeling. *Cardiovasc Res* 2007; **74**: 184–195.
- Oi K, Fukumoto Y, Ito K, Uwatoku T, Abe K, Hizume T, et al. Extracorporeal shock wave therapy ameliorates hindlimb ischemia in rabbits. *Tohoku J Exp Med* 2008; **214**: 151–158.
- Hayashi D, Kawakami K, Ito K, Ishii K, Tanno H, Imai Y, et al. Low-energy extracorporeal shock wave therapy enhances skin wound healing in diabetic mice: A critical role of endothelial nitric oxide synthase. *Wound Repair Regen* 2012; **20**: 887–895.
- Serizawa F, Ito K, Matsubara M, Sato A, Shimokawa H, Satomi S. Extracorporeal shock wave therapy induces therapeutic lymphangiogenesis in a rat model of secondary lymphoedema. *Eur J Vasc Endovasc Surg* 2011; **42**: 254–260.
- Wang CJ, Wang FS, Yang KD, Weng LH, Hsu CC, Huang CS, et al. Shock wave therapy induces neovascularization at the tendon-bone junction: A study in rabbits. *J Orthop Res* 2003; **21**: 84–89.
- Yan X, Zeng B, Chai Y, Luo C, Li X. Improvement of blood flow, expression of nitric oxide, and vascular endothelial growth factor by low-energy shockwave therapy in random-pattern skin flap model. *Ann Plast Surg* 2008; **61**: 646–653.
- Khattab AA, Brodersen B, Schuermann-Kuchenbrandt D, Beurich H, Tölg R, Geist V, et al. Extracorporeal cardiac shock wave therapy: First experience in the everyday practice for treatment of chronic refractory angina pectoris. *Int J Cardiol* 2007; **121**: 84–85.
- Moretti B, Notarnicola A, Maggio G, Moretti L, Pascone M, Tafuri S, et al. The management of neuropathic ulcers of the foot in diabetes by shock wave therapy. *BMC Musculoskelet Disord* 2009; **10**: 54–61.
- Prinz C, Lindner O, Bitter T, Hering D, Burchert W, Horstkotte D, et al. Extracorporeal cardiac shock wave therapy ameliorates clinical symptoms and improves regional myocardial blood flow in a patient with severe coronary artery disease and refractory angina. *Case Report Med* 2009; **2009**: Article ID 639594. doi:10.1155/2009/639594.
- Saggini R, Figus A, Troccola A, Cocco V, Saggini A, Scuderi N. Extracorporeal shock wave therapy for management of chronic ulcers in the lower extremities. *Ultrasound Med Biol* 2008; **34**: 1261–1271.
- Serizawa F, Ito K, Kawamura K, Tsuchida K, Hamada Y, Zukeran T, et al. Extracorporeal shock wave therapy improves the walking ability of patients with peripheral artery disease and intermittent claudication. *Circ J* 2012; **76**: 1486–1493.
- Vasyuk YA, Hadzegova AB, Shkolnik EL, Kopeleva MV, Krikunova OV, Iouchtchouk EN, et al. Initial clinical experience with extracorporeal shock wave therapy in treatment of ischemic heart failure. *Congest Heart Fail* 2010; **16**: 226–230.
- Wang Y, Guo T, Cai HY, Ma TK, Tao SM, Sun S, et al. Cardiac shockwave therapy reduces angina and improves myocardial function in patients with refractory coronary artery disease. *Clin Cardiol* 2010; **33**: 693–699.
- Aicher A, Heeschen C, Sasaki K, Urbich C, Zeiher AM, Dimmeler S. Low-energy shock wave for enhancing recruitment of endothelial progenitor cells: A new modality to increase efficacy of cell therapy in chronic hind limb ischemia. *Circulation* 2006; **114**: 2823–2830.
- Askari AT, Unzek S, Popovic ZB, Goldman CK, Forudi F, Kiedrowski M, et al. Effect of stromal-cell-derived factor 1 on stem-cell homing and tissue regeneration in ischaemic cardiomyopathy. *Lancet* 2003; **362**: 697–703.
- Ceradini DJ, Kulkarni AR, Callaghan MJ, Tepper OM, Bastidas N, Kleinman ME, et al. Progenitor cell trafficking is regulated by hy-

- poxic gradients through HIF-1 induction of SDF-1. *Nat Med* 2004; **10**: 858–864.
36. Penn MS, Pastore J, Miller T, Aras R. SDF-1 in myocardial repair. *Gene Ther* 2012; **19**: 583–587.
 37. Satoh K, Fukumoto Y, Nakano M, Sugimura K, Nawata J, Demachi J, et al. Statin ameliorates hypoxia-induced pulmonary hypertension associated with down-regulated stromal cell-derived factor-1. *Cardiovasc Res* 2009; **81**: 226–234.
 38. Yip HK, Chang LT, Sun CK, Youssef AA, Sheu JJ, Wang CJ. Shock wave therapy applied to rat bone marrow-derived mononuclear cells enhances formation of cells stained positive for CD31 and vascular endothelial growth factor. *Circ J* 2008; **72**: 150–156.
 39. Sheu JJ, Sun CK, Chang LT, Fang HY, Chung SY, Chua S, et al. Shock wave-pretreated bone marrow cells further improve left ventricular function after myocardial infarction in rabbits. *Ann Vasc Surg* 2010; **24**: 809–821.
 40. Freytes DO, Kang JW, Marcos I, Vunjak-Novakovic G. Macrophages modulate the viability and growth of human mesenchymal stem cells. *J Cell Biochem* 2012; **144**: 220–229.
 41. Leri A, Kajstura J, Anversa P. Role of cardiac stem cells in cardiac pathophysiology: A paradigm shift in human myocardial biology. *Circ Res* 2011; **109**: 941–961.
 42. Wakao S, Kitada M, Kuroda Y, Shigemoto T, Matsuse D, Akashi H, et al. Multilineage-differentiating stress-enduring (Muse) cells are a primary source of induced pluripotent stem cells in human fibroblasts. *Proc Natl Acad Sci USA* 2011; **108**: 9875–9880.
 43. Dobaczewski M, Xia Y, Bujak M, Gonzalez-Quesada C, Frangogiannis NG. CCR5 signaling suppresses inflammation and reduces adverse remodeling of the infarcted heart, mediating recruitment of regulatory T cells. *Am J Pathol* 2010; **176**: 2177–2187.
 44. Sobirin MA, Kinugawa S, Takahashi M, Fukushima A, Homma T, Ono T, et al. The activation of natural killer T cells ameliorates post-infarct cardiac remodeling and failure in mice. *Circ Res* 2012; **111**: 1037–1047.
 45. van den Borne SW, Diez J, Blankesteyn WM, Verjans J, Hofstra L, Narula J. Myocardial remodeling after infarction: The role of myofibroblasts. *Nat Rev Cardiol* 2010; **7**: 30–37.
 46. van Nieuwenhoven FA, Turner NA. The role of cardiac fibroblasts in the transition from inflammation to fibrosis following myocardial infarction. *Vascul Pharmacol* 2012; **58**: 182–188.
 47. Nahrendorf M, Swirski FK. Regulating repair: Regulatory T cells in myocardial infarction. *Circ Res* 2014; **115**: 7–9.

Supplementary Files

Supplementary File 1

Figure S1. No effects of shock-wave (SW) therapy on left ventricular (LV) function in the sham-operated group.

Figure S2. Summary of the present findings and proposed mechanisms of the inhibitory effects of shock-wave (SW) therapy on post-myocardial infarction (MI) left ventricular (LV) remodeling.

Please find supplementary file(s);
<http://dx.doi.org/10.1253/circj.CJ-14-0230>