

# Development of Novel Therapies for Pulmonary Hypertension by Clinical Application of Basic Research

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#### Abstract

Pulmonary hypertension is a lethal disease in which inflammation and oxidative stress are deeply involved in the disease state. We have recently screened novel pathogenic molecules and have performed drug discovery targeting those molecules. To confirm its clinical significance, we used patient-derived blood samples to evaluate the potential as a biomarker for diagnosis and prognosis. Finally, we conducted a high-throughput screening and found inhibitors for the pathogenic proteins. In this chapter, we would like to introduce the recent progress on the basic and clinical research focusing on the screening of pathogenic proteins in pulmonary hypertension.

#### Keywords

Pulmonary hypertension  $\cdot$  Transnational research  $\cdot$  Drug discovery  $\cdot$  Biomarker Diagnosis

## 16.1 Introduction

Pulmonary arterial hypertension (PAH) is characterized by intimal/medial thickening and perivascular inflammation and fibrotic change. In addition to genetic backgrounds, many environmental factors as well as volume overload due to heart disease and inflammation due to collagen disease are involved in the development of PAH. The identification of pathogenic genes, which induce the abnormal characteristics of pulmonary artery smooth muscle cells (PASMCs), should be useful for

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the development of novel therapies for PAH. The characteristics of PASMCs of patients with PAH (PAH-PASMCs) are different from those of healthy controls. In this chapter, we would like to summarize our recent progress on the basic and clinical research focusing on the screening of pathogenic proteins in PAH.

## 16.2 Endothelial Function in the Development of PAH

Endothelial dysfunction triggers a variety of vascular disorders such as PAH. We have reported a protective role of the endogenous erythropoietin (Epo)/Epo receptor (EpoR) system against the development of PH [12]. This system also plays a crucial role in the functional recovery of ischemic heart [20] and ischemic lower limb [6], demonstrating the importance of endothelial function [4, 10]. Additionally, we found that pravastatin and metformin protect pulmonary endothelial function and ameliorate hypoxia-induced PH in animals [8, 11]. AMP-activated protein kinase (AMPK) is a serine/threonine kinase that functions as an important energy sensor. AMPK has an anti-apoptotic effect in endothelial cells and a pro-apoptotic effect in vascular smooth muscle cells (VSMCs). Both endothelial nitric oxide (NO) production and NO-mediated signaling in VSMCs are targets of the AMPK. In endothelial cells, AMPK positively regulates NO production. In VSMCs, AMPK reduces secretion of growth factors that promote VSMC proliferation and vascular remodeling. Indeed, we have demonstrated that endothelial AMPK plays an important role in microvascular homeostasis in mice in vivo [2]. Additionally, AMPK activators (e.g., statins, metformin, and apelin) are protective against the development of PAH. We also demonstrated that endothelial AMPK plays protective roles against hypoxiainduced PH in mice [8, 11]. Circulating inflammatory cytokines downregulate AMPK and induce endothelial dysfunction in pulmonary circulation [9, 17]. Thus, endothelial AMPK as well as circulating inflammatory cytokines may be therapeutic targets for the treatment of PAH. Thus, AMPK is a key molecule at the crossroad of inflammation and pulmonary artery endothelial dysfunction in the pathogenesis of PAH.

#### 16.3 PASMCs in the Development of PAH

Pulmonary vascular inflammation plays a crucial role for the development of hypoxia-induced PH [11, 12], for which Rho-kinase plays a crucial role [1, 3, 16]. Excessive and continuous activation of Rho-kinase promotes secretion of cyclophilin A (CyPA) from VSMCs and extracellular CyPA stimulates VSMC proliferation [13]. Additionally, extracellular CyPA induces endothelial cell adhesion molecule expression and endothelial apoptosis [7]. Basigin (Bsg) is an extracellular CyPA receptor. Bsg is also known as an essential receptor for Malaria, which disrupts NO metabolism and causes harmful endothelial activation, including the Rho/Rho-kinase activation. Based on these backgrounds, we have demonstrated that CyPA and Bsg promote hypoxia-induced PH [15]. More importantly, plasma CyPA was

significantly increased in patients with PAH and well correlated with the disease severity and long-term survival. Thus, extracellular CyPA and its signaling through Bsg are novel therapeutic targets for PAH. We have previously reported that statins and Rho-kinase inhibitors reduce CyPA secretion from VSMCs [14, 19]. Thus, inhibition of CyPA secretion by Rho-kinase inhibitors may have therapeutic efficacy in PAH. In addition, Bsg is strongly expressed in the pulmonary arteries of patients with PAH [15]. Thus, pharmacological agents that prevent the interaction of extracellular CyPA and vascular Bsg could be useful for the treatment of PAH. Indeed, our drug discovery research demonstrated that celastrol significantly inhibits CyPA and Bsg, inhibiting proliferation of PAH-PASMCs [18]. Here, we used PASMCs and high-throughput screening to identify novel agents to inhibit both CyPA and Bsg. PASMCs in the remodeled pulmonary arteries have special characteristics with pro-proliferative features. Importantly, celastrol suppressed CyPA and Bsg expressions in the heart and lung and ameliorated both heart failure (HF) and post-capillary PH. Taken together, inhibiting both CyPA and Bsg may represent a novel therapeutic strategy for the treatment of HF patients with post-capillary PH [18]. As patients with HF and coexisting post-capillary PH show poor clinical outcomes, targeting both cardiac dysfunction and pulmonary vascular remodeling could be a novel concept for the treatment of HF.

## 16.4 Selenoprotein P in the Development of PAH

Since conventional pulmonary vasodilators have limited efficacy for the treatment of severe PAH, we have performed a series of screens and tried to find a novel therapeutic target. To identify a novel pathogenic protein, we performed microarray analyses using PAH-PASMCs and found 32-fold upregulation of selenoprotein P (SeP) as compared with control PASMCs [5]. Indeed, SeP is highly upregulated in the distal pulmonary arteries of PAH patients. SeP is a secreted protein mainly produced by hepatocytes, which contains 10 selenocysteine residues and transports selenium to maintain cellular metabolism. SeP is upregulated in the liver of patients with type 2 diabetes and downregulates the metabolic switch, AMPK. Additionally, single-nucleotide polymorphisms in the SEPP1 gene have been reported to be associated with abdominal aortic aneurysm formation. Based on these backgrounds, we further demonstrated that SeP in PASMCs promotes cell proliferation through increased oxidative stress and mitochondrial dysfunction in an autocrine/paracrine manner [5]. Moreover, we demonstrated a pathogenic role of SeP in the development of hypoxia-induced PH in vivo. Since there is a limited efficacy in the treatment of patients with severe PAH, we performed a series of screening to find a novel therapeutic target. Finally, we identified that sanguinarine, an orally active small molecule, reduces SeP expression and PASMC proliferation and ameliorates PH in mice and rats. When we consider the pro-proliferative role of SeP in PAH-PASMCs, the anti-proliferative effect of sanguinarine in several kinds of cancer in vivo could be attributed to the suppression of SeP. Actually, sanguinarine administration to the animal models of PH revealed therapeutic effects on PH and RV failure without any adverse effects [5]. Moreover, serum levels of SeP were significantly elevated in PAH patients in whom higher serum levels of SeP predicted a poor outcome. Based on these results, serum levels of SeP can be used as a novel biomarker for PAH and are useful to evaluate the therapeutic effect of SeP inhibitors (companion diagnostics). Using a combination of SeP inhibitors and serum levels of SeP, we may find good candidates among PAH patients that can be used to demonstrate the effective-ness of this strategy.

#### 16.5 Conclusion

In this chapter, we introduced our recent findings on Epo, AMPK, Rho-kinase, CyPA, Bsg, and SeP, all of which are substantially involved in the pathogenesis of PAH. Additionally, we have also mentioned as to the screening of inhibitors for those pathogenic proteins. By using the novel biomarkers and therapeutic agents, we will continue translational research for the early diagnosis and the development of fundamental therapy in PAH patients.

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